

MILWAUKEE AREA

BIPOC

WELLNESS DIRECTORY



Select a category

[Mentors and Coaches](#)

[Practitioners](#)

[Teachers and Guides](#)

[Wellness Focused Businesses](#)

Mentors | Coaches (MC)

Sevan Arabajian | Nonbinary, Neurodivergent, Spoonie, Mama, SWANE/Latine/Euro

Doula, Spiritworker, Sound Healer, Counselor

MC; [PR](#); [TG](#)

Business	Starry Serpent		
Offerings and Specialty	I offer a range of services and classes for the greater community. My specialties are offering spiritual, emotional, and physical support and ceremony for times of transition and transformation. My areas of focus are sound healing, spiritual and emotional counseling and doula work which includes support during pregnancy, postpartum, abortion, grief, and end-of-life/death. I also offer divination and spirit work through tarot, oracle readings, intuitive channeling, trance journeywork, and spiritual coaching (like ancestor veneration; deity worship).		
Contact	starryserpent.com	IG: starryserpent	Email: starryserpent@gmail.com

Brenda Barreles | Latinx, Queer

Professional Bruja and Intuitive

MC; [PR](#); [TG](#); [WB](#)

Business	Tr3s.ojos		
Offerings and Specialty	Fuse art and magick in every piece and session. Handmade intentional products and services. Services include intuitive readings, magick classes and mentoring.		
Contact	Tr3sojos.com	IG: Tr3s.ojos	

Chastity

Holistic Life Coach, Energy Reader & Psychic Medium

MC; [PR](#); [TG](#)

Business	Vivid Skiez Creations		
Offerings and Specialty	Energy readings and spiritual baths		
Contact	vividskiezcreations.com	IG: vivid_skiez FB: vividskiezcreations	Email: vividskiez@gmail.com

Core El Centro

MC; [PR](#); [TG](#); [WB](#)

Offerings and Specialty	We are a non-profit organization offering affordable natural healing and wellness services in Spanish and English. Located in Walker's Point on Milwaukee's south side, CORE El Centro serves adults and children of all income levels. We offer integrative healing services such as acupuncture, massage therapy and bodywork; gardening and nutrition programs; children's wellness; social change through community health advocacy; and movement classes. Our goal is to inspire individuals, families and communities to achieve optimal health.		
Contact	core-elcentro.org	IG: core_elcentro	FB: CORE El Centro
	Rocio Tronco Workforce Dev Mgr/Outreach & Education Coordinator	Email: rociot@core-elcentro.org	

Araceli Esparza | Chicana, First Gen, Daughter of Migrant Workers
Contemplative Curandera Circle Keeper Writer

MC; [PR](#); [TG](#)

Offerings and Specialty	Coaching for small WOC business owners just starting and writing circles		
Contact	araceliesparza.com	IG: araceliesparza_speaker	Email: wisconsinmujer@gmail.com

Yessica Gonzalez*MLS, Ori Tahiti Instructor, Reiki Practitioner*MC; [PR](#); [TG](#)

Offerings and Specialty	Reiki, Guidance about organization skills, Dance Instructor (Polynesian dance). Professional dancer (teach how you can have your own performance in your event, XV, wedding, birthday celebration, baile sorpresa), planning your special date for a proposal.		
Contact	IG: dragonflies_faaitoito FB: Dragonflies Ori Fit Fa'aitoito	Email: dragonfliesorifit@gmail.com	

House of Anaya | Anaya Wellness

Tawn Williams, *Founder | Holistic Experience Curator*

MC; [TG](#); [WB](#)

Business	House of Anaya Anaya Wellness		
Offerings and Specialty	Anaya Wellness specializes in holistic workplace wellness solutions, serving in the consulting, program planning, and leadership development space. House of Anaya is a collective of wellness practitioners, coaches, and more- delivering private, 1:1 virtual sessions and custom curated wellness plans tailored to the individual. With our Wellness Concierge service, you can even have one of our team members coordinate and schedule your sessions for you!		
Contact	anayawell.com	Email: info@anayawell.com	

Sinaí Mendoza | Undocumented Business Owner

Owner, Ladi Nayaase

MC; [WB](#)

Business	Ladi Nayaase		
Offerings and Specialty	Business consultant who helps others with their own business, especially those who are undocumented. Holds space to create organic bath and body products to care for your temple.		
Contact	ladinayaase.bigcartel.com	IG: ladi_nayaase FB: Ladi Nayaase	Email: ladinayaase@gmail.com

Mariyam Nayeri | Chicana, Persian, Mama

Bilingual Yoga, Movement and Meditation Teacher; Chef; Health and Wellness Coach

MC; [PR](#)

Offerings and Specialty	I hold space for others through yoga, movement and meditation classes. I am also a health and wellness coach offering support and guidance for those seeking to improve their health and make lifestyle transformations.		
Contact	mariyamnayeri.com	IG: mariyamnayeri	Email: mariyamnayeri@gmail.com

Practitioners (PR)

Sevan Arabajian | Nonbinary, Neurodivergent, Spoonie, Mama, SWANE/Latine/Euro
Doula, Spiritworker, Sound Healer, Counselor

[MC](#); PR; [TG](#)

Business	Starry Serpent		
Offerings and Specialty	I offer a range of services and classes for the greater community. My specialties are offering spiritual, emotional, and physical support and ceremony for times of transition and transformation. My areas of focus are sound healing, spiritual and emotional counseling and doula work which includes support during pregnancy, postpartum, abortion, grief, and end-of-life/death. I also offer divination and spirit work through tarot, oracle readings, intuitive channeling, trance journeywork, and spiritual coaching (like ancestor veneration; deity worship).		
Contact	starryserpent.com	IG: starryserpent	Email: starryserpent@gmail.com

Chastity

Holistic Life Coach, Energy Reader & Psychic Medium

[MC](#); PR; [TG](#)

Business	Vivid Skiez Creations		
Offerings and Specialty	Energy readings and spiritual baths		
Contact	vividskiezcreations.com	IG: vivid_skiez FB: vividskiezcreations	Email: vividskiez@gmail.com

Core El Centro

[MC](#); PR; [TG](#); [WB](#)

Offerings and Specialty	We are a non-profit organization offering affordable natural healing and wellness services in Spanish and English. Located in Walker's Point on Milwaukee's south side, CORE El Centro serves adults and children of all income levels. We offer integrative healing services such as acupuncture, massage therapy and bodywork; gardening and nutrition programs; children's wellness; social change through community health advocacy; and movement classes. Our goal is to inspire individuals, families and communities to achieve optimal health.		
Contact	core-elcentro.org	IG: core_elcentro FB: CORE El Centro	
	Rocio Tronco Workforce Dev Mgr/Outreach & Education Coordinator	Email: rociot@core-elcentro.org	

Rén Ayala | Xicana Indigenous*Full Circle Womb Keeper & Medicine Maker*PR; [WB](#)

Offerings and Specialty	My offerings come from Earth medicines through plants, the elements, menstruation, birth, postpartum, traditional wisdom, curanderismo, & more. My practice blends a lot of our knowledge together serving the holistic body as one. I advocate for liberation, deep healing, & holding space.	
Contact	IG: yuremaya.medicine	Email: yuremaya.medicine@gmail.com

Brenda Barreles | Latinx, Queer*Professional Bruja and Intuitive*[MC](#); PR; [TG](#); [WB](#)

Business	Tr3s.ojos	
Offerings and Specialty	Fuse art and magick in every piece and session. Handmade intentional products and services. Services include intuitive readings, magick classes and mentoring.	
Contact	Tr3sojos.com	IG: Tr3s.ojos

Yaneth Cerda*Founder, Alquimia Skin Care*PR; [WB](#)

Business	Alquimia Skin Care	
Offerings and Specialty	Holistic self-care	
Contact	IG: alquimiaholistica_	Email: alquimiaskincare@gmail.com

Parisa Shirazi Chavoya | Queer, Iranian*Founder and Curator, Parisa Yoga Shala*PR; [TG](#); [WB](#)

Business	Parisa Yoga Shala	
Offerings and Specialty	Restorative yoga, meditation and sound healing sessions	
Contact	IG: parisayogashala	Email: parisayogashala@outlook.com

Araceli Esparza | Chicana, First Gen, Daughter of Migrant Workers*Contemplative Curandera Circle Keeper Writer*[MC](#); PR; [TG](#)

Offerings and Specialty	Coaching for small WOC business owners just starting and writing circles		
Contact	araceli.esparza.com	IG: araceli.esparza_speaker	Email: wisconsinmujer@gmail.com

Zoe Faulkner, LMT*Licensed Massage Therapist*

PR

Offerings and Specialty	Traditional therapeutic massage, with energy work as needed	
Email	zoedoesmassage@gmail.com	IG: saltyhomopinapple

Kayla Gonzalez | Latina Business Owner*Owner, Resilient Joy; Wellness Guide, Entrepreneur and Yoga Instructor*PR; [TG](#); [WB](#)

Business	Resilient Joy		
Offerings and Specialty	Gentle, Yin, Chair/Wheelchair, Nidra, Vinyasa, and Power yoga and meditation for all levels. Specially curated offerings for individual sessions, small groups, and businesses.		
Contact	resilientjoyllc.com	IG: @_resilientjoy	Email: resilientjoyllc@gmail.com

Yessica Gonzalez*MLS, Ori Tahiti Instructor, Reiki Practitioner*[MC](#); PR; [TG](#)

Offerings and Specialty	Reiki, Guidance about organization skills, Dance Instructor (Polynesian dance). Professional dancer (teach how you can have your own performance in your event, XV, wedding, birthday celebration, baile sorpresa), planning your special date for a proposal.		
Contact	IG: dragonflies_faaitoito FB: Dragonflies Ori Fit Fa'aitoito	Email: dragonfliesorifit@gmail.com	

Daniela Marie*Certified Yoga Instructor*PR; [TG](#)

Offerings and Specialty	Certified yoga instructor offering classes at Embody Yoga and Mke Yoga Social		
Contact	IG: danielamaree	Email: peace.karats@gmail.com	

Mariyam Nayeri | Chicana, Persian, Mama*Bilingual Yoga, Movement and Meditation Teacher; Chef; Health and Wellness Coach*PR; [MC](#)

Offerings and Specialty	I hold space for others through yoga, movement and meditation classes. I am also a health and wellness coach offering support and guidance for those seeking to improve their health and make lifestyle transformations.		
Contact	mariyamnayeri.com	IG: mariyamnayeri	Email: mariyamnayeri@gmail.com

Maricella Nayeri*Owner, MAdre Wellness Collective; Master Reiki Teacher; Licensed Massage Therapist*PR; [TG](#); [WB](#)

Business	MAdre Wellness Collective		
Offerings and Specialty	I hold space for individuals to journey towards a place of remembrance and healing. I offer 1:1 energy and body work sessions; small group healing and meditation circles and organizational wellness support. I also own MAdre Wellness Collective located in Bay View, created with a vision to break through barriers to wellness especially for communities of color. This includes supporting local BIPOC practitioners, entrepreneurs and leaders to further their work.		
Contact	madrewellness.com	IG: madrewellness	Email: ma@madrewellness.com

Madia Norton aka CyN*Owner, Shedding Light Creatives Mke*PR; [TG](#)

Offerings and Specialty	All things evolving the whole person mind, body and spirit through educational workshops, arts, organic products, and holistic services		
A note from CyN	<i>I hold space for people to release and receive what's intended for their highest self so they may heal and evolve in their purpose and goals. My services are tailored to my clients needs. My products serve all who partake. It's not just a product, it's a lifestyle.</i>		
Contact	IG: sheddinglightcreatives FB: sheddinglightmke	Email: mybusiness79@gmail.com Phone: 414.998.2642	

Jennifer Rey*Owner, Mi Casita*PR; [TG](#); [WB](#)

Offerings and Specialty	Herbal and culinary products. Herbal medicine guidance.		
Contact	IG: j.ennifer.rey	Email: jrey88.jr@gmail.com	

Sahira Rocillo*Bilingual Yoga Instructor and Local Latina Witch*PR; [TG](#); [WB](#)

Offerings and Specialty	Bilingual yoga instructor	
A note from Sahira	<i>I love working with the Latino community and will consider collaborations, donating time, and give offerings by donation/pay what you can for charitable work, community support, improvement and good causes.</i>	
Contact	IG; FB: yogaconsahira	Email: yogaconsahira@gmail.com

Grizel Sanchez | Latina Business Owner, Milwaukee Business Owner, Bilingual (Eng/Span)*Licensed Esthetician*PR; [WB](#)

Business	GJS Skincare LLC		
Offerings and Specialty	Full Body Waxing and Sugaring Services; Custom Facial Services		
Contact	gjskincare.com	IG: esthetics.by.grizel	Email: gjs.skincare@gmail.com

Xavier Smart | He/Him/His/They/Them/Theirs*Reiki Master Practitioner & Teacher, Energy Worker, Spiritualist*PR; [TG](#)

Offerings and Specialty	Reiki and Tarot Divination	
A note from Xavier	<i>I have a desire to work with our Indigenous communities, helping them to embrace the healing they deserve. Understanding the impact of white supremacy, colonization and patriarchal violence on the psyche and well-being of our Indigenous communities is so important in healing work and is something that I am constantly mindful of. There's ancestral knowledge and wisdom within us and I find gratitude and humility in supporting those that chose to work with me, especially our men, find their light and to nurture themselves and others.</i>	
Contact	IG: wanderousxai	Email: wanderousxai@gmail.com

Angela Smith*Owner, The Zen Dragonfly*PR; [WB](#)

Business	The Zen Dragonfly		
Offerings and Specialty	Life coach, Reiki Master Teacher service and learning sessions Tarot Bonecast readings, sound healings, tuning fork sessions, private small group or private 1:1 sessions, spiritual doula in old black folk tradition in Hoodoo, products made in my shop "the Offering. Headmistress for the "School of Good Juju."		
Contact	thezendragonfly.com	IG: thezendragonfly schoolofgoodjuju	Email: Info@thezendragonfly.com

Teachers | Guides (TG)

Brenda Barreles | Latinx, Queer

Professional Bruja and Intuitive

[MC](#); [PR](#); TG; [WB](#)

Business	Tr3s.ojos	
Offerings and Specialty	Fuse art and magick in every piece and session. Handmade intentional products and services. Services include intuitive readings, magick classes and mentoring.	
Contact	Tr3sojos.com	IG: Tr3s.ojos

Chastity

Holistic Life Coach, Energy Reader & Psychic Medium

[MC](#); [PR](#); TG

Business	Vivid Skiez Creations		
Offerings and Specialty	Energy readings and spiritual baths		
Contact	vividskiezcreations.com	IG: vivid skiez FB: vividskiezcreations	Email: vividskiez@gmail.com

Parisa Shirazi Chavoya | Queer, Iranian

Founder and Curator, Parisa Yoga Shala

[PR](#); TG; [WB](#)

Business	Parisa Yoga Shala		
Offerings and Specialty	Restorative yoga, meditation and sound healing sessions		
Contact	IG: parisayogashala	Email: parisayogashala@outlook.com	

Core El Centro

[MC](#); [PR](#); TG; [WB](#)

Offerings and Specialty	We are a non-profit organization offering affordable natural healing and wellness services in Spanish and English. Located in Walker's Point on Milwaukee's south side, CORE El Centro serves adults and children of all income levels. We offer integrative healing services such as acupuncture, massage therapy and bodywork; gardening and nutrition programs; children's wellness; social change through community health advocacy; and movement classes. Our goal is to inspire individuals, families and communities to achieve optimal health.		
Contact	core-elcentro.org	IG: core_elcentro	FB: CORE El Centro
	Rocio Tronco Workforce Dev Mgr/Outreach & Education Coordinator	Email: rociot@core-elcentro.org	

Araceli Esparza | Chicana, First Gen, Daughter of Migrant Workers*Contemplative Curandera Circle Keeper Writer*[MC](#); [PR](#); TG

Offerings and Specialty	Coaching for small WOC business owners just starting and writing circles		
Contact	araceli.esparza.com	IG: araceli.esparza_speaker	Email: wisconsinmujer@gmail.com

Kayla Gonzalez | Latina Business Owner*Owner, Resilient Joy; Wellness Guide, Entrepreneur and Yoga Instructor*[PR](#); TG; [WB](#)

Business	Resilient Joy		
Offerings and Specialty	Gentle, Yin, Chair/Wheelchair, Nidra, Vinyasa, and Power yoga and meditation for all levels. Specially curated offerings for individual sessions, small groups, and businesses.		
Contact	resilientjoyllc.com	IG: @_resilientjoy	Email: resilientjoyllc@gmail.com

Yessica Gonzalez*MLS, Ori Tahiti Instructor, Reiki Practitioner*[MC](#); [PR](#); TG

Offerings and Specialty	Reiki, Guidance about organization skills, Dance Instructor (Polynesian dance). Professional dancer (teach how you can have your own performance in your event, XV, wedding, birthday celebration, baile sorpresa), planning your special date for a proposal.		
Contact	IG: dragonflies_faaitoito FB: Dragonflies Ori Fit Fa'aitoito		Email: dragonfliesorifit@gmail.com

House of Anaya | Anaya Wellness*Tawn Williams, Founder | Holistic Experience Curator*[MC](#); TG; [WB](#)

Business	House of Anaya Anaya Wellness		
Offerings and Specialty	Anaya Wellness specializes in holistic workplace wellness solutions, serving in the consulting, program planning, and leadership development space. House of Anaya is a collective of wellness practitioners, coaches, and more- delivering private, 1:1 virtual sessions and custom curated wellness plans tailored to the individual. With our Wellness Concierge service, you can even have one of our team members coordinate and schedule your sessions for you!		
Contact	anayawell.com	Email: info@anayawell.com	

Daniela Marie*Certified Yoga Instructor*[PR](#); TG

Offerings and Specialty	Certified yoga instructor offering classes at Embody Yoga and Mke Yoga Social	
Contact	IG: danielamaree	Email: peace.karats@gmail.com

Maricella Nayeri*Owner, MAdre Wellness Collective; Master Reiki Teacher; Licensed Massage Therapist*[PR](#); TG; [WB](#)

Business	MAdre Wellness Collective		
Offerings and Specialty	I hold space for individuals to journey towards a place of remembrance and healing. I offer 1:1 energy and body work sessions; small group healing and meditation circles and organizational wellness support. I also own MAdre Wellness Collective located in Bay View, created with a vision to break through barriers to wellness especially for communities of color. This includes supporting local BIPOC practitioners, entrepreneurs and leaders to further their work.		
Contact	madrewellness.com	IG: madrewellness	Email: ma@madrewellness.com

Madia Norton aka CyN*Owner, Shedding Light Creatives Mke*[PR](#); TG

Business	Shedding Light Creatives Mke		
Offerings and Specialty	All things evolving the whole person mind, body and spirit through educational workshops, arts, organic products, and holistic services		
A note from CyN	<i>I hold space for people to release and receive what's intended for their highest self so they may heal and evolve in their purpose and goals. My services are tailored to my clients needs. My products serve all who partake. It's not just a product, it's a lifestyle.</i>		
Contact	IG: sheddinglightcreatives FB: sheddinglightmke	Email: mybusiness79@gmail.com Phone: 414.998.2642	

Jennifer Rey*Owner, Mi Casita*[PR](#); TG; [WB](#)

Business	Mi Casita		
Offerings and Specialty	All things evolving the whole person mind, body and spirit through educational workshops, arts, organic products, and holistic services		
Contact	IG: jennifer.rey	Email: jrey88.jr@gmail.com	

Sahira Rocillo

Bilingual Yoga Instructor and Local Latina Witch

[PR](#); TG; [WB](#)

Offerings and Specialty	Bilingual yoga instructor	
A note from Sahira	<i>I love working with the Latino community and will consider collaborations, donating time, and give offerings by donation/pay what you can for charitable work, community support, improvement and good causes.</i>	
Contact	IG;FB: yogaconsahira	Email: yogaconsahira@gmail.com

Xavier Smart | He/Him/His/They/Them/Theirs

Reiki Master Practitioner & Teacher, Energy Worker, Spiritualist

[PR](#); TG

Offerings and Specialty	Reiki and Tarot Divination	
A note from Xavier	<i>I have a desire to work with our Indigenous communities, helping them to embrace the healing they deserve. Understanding the impact of white supremacy, colonization and patriarchal violence on the psyche and well-being of our Indigenous communities is so important in healing work and is something that I am constantly mindful of. There's ancestral knowledge and wisdom within us and I find gratitude and humility in supporting those that chose to work with me, especially our men, find their light and to nurture themselves and others.</i>	
Contact	IG: wanderousxai	Email: wanderousxai@gmail.com

Sonia Vasquez

Herbalist, Wellness Coach and Entrepreneur

[MC](#); TG; [WB](#)

Business	Latina Natural	
Offerings and Specialty	Coaching, classes, events, and herbal and natural products	
Contact	latinanatural.org	Email: info@latinanatural.org

Wellness Focused Businesses (WB)

Rén Ayala | Xicana Indigenous

Full Circle Womb Keeper & Medicine Maker

[PR](#); WB

Offerings and Specialty	My offerings come from Earth medicines through plants, the elements, menstruation, birth, postpartum, traditional wisdom, curanderismo, & more. My practice blends a lot of our knowledge together serving the holistic body as one. I advocate for liberation, deep healing, & holding space.		
Contact	IG: yuremaya.medicine	Email: yuremaya.medicine@gmail.com	

Emily Baldwin | Black Woman Owned

Owner, Beautifully Layered

Business	Beautifully Layered		
Offerings and Specialty	I carry women's clothing, skin care and small gifts		
Contact	beautifullylayered.com	IG: beautifullylayered	Email: emily@beautifullylayered.com

Brenda Barreles | Latinx, Queer

Professional Bruja and Intuitive

[MC](#); [PR](#); [TG](#); WB

Business	Tr3s.ojos		
Offerings and Specialty	Fuse art and magick in every piece and session. Handmade intentional products and services. Services include intuitive readings, magick classes and mentoring.		
Contact	Tr3sojos.com	IG: Tr3s.ojos	

Yaneth Cerda

Founder, Alquimia Skin Care

[PR](#); WB

Business	Alquimia Skin Care		
Offerings and Specialty	Holistic self-care		
Contact	IG: alquimiaholistica_	Email: alquimiaskincare@gmail.com	

Parisa Shirazi Chavoya | Queer, Iranian*Founder and Curator*[PR](#); [TG](#); WB

Business	Parisa Yoga Shala	
Offerings and Specialty	Restorative yoga, meditation and sound healing sessions	
Contact	IG: parisayogashala	Email: parisayogashala@outlook.com

Core El Centro[MC](#); [PR](#); [TG](#); WB

Offerings and Specialty	We are a non-profit organization offering affordable natural healing and wellness services in Spanish and English. Located in Walker's Point on Milwaukee's south side, CORE El Centro serves adults and children of all income levels. We offer integrative healing services such as acupuncture, massage therapy and bodywork; gardening and nutrition programs; children's wellness; social change through community health advocacy; and movement classes. Our goal is to inspire individuals, families and communities to achieve optimal health.	
Contact	core-elcentro.org	IG: core_elcentro FB: CORE El Centro
	Rocio Tronco Workforce Dev Mgr/Outreach & Education Coordinator	Email: rociot@core-elcentro.org

Kayla Gonzalez | Latina Business Owner*Owner, Resilient Joy; Wellness Guide, Entrepreneur and Yoga Instructor*[PR](#); [TG](#); WB

Business	Resilient Joy		
Offerings and Specialty	Gentle, Yin, Chair/Wheelchair, Nidra, Vinyasa, and Power yoga and meditation for all levels. Specially curated offerings for individual sessions, small groups, and businesses.		
Contact	resilientjoyllc.com	IG: @_resilientjoy	Email: resilientjoyllc@gmail.com

Fabiana Guzmán*Creator and Oil Alchemist*

Business	Essential Rituals by Fabi	
Offerings and Specialty	Custom made Essential oil rollerballs and all things oils. Alternative approach to wellness through holistic practices and oils... Get your Roll on...	
Contact	IG: essentialritualsbyfabi	Email: essentialritualsbyfabi@gmail.com

House of Anaya | Anaya Wellness

Tawn Williams, *Founder | Holistic Experience Curator*

[MC;TG](#); WB

Business	House of Anaya Anaya Wellness		
Offerings and Specialty	Anaya Wellness specializes in holistic workplace wellness solutions, serving in the consulting, program planning, and leadership development space. House of Anaya is a collective of wellness practitioners, coaches, and more- delivering private, 1:1 virtual sessions and custom curated wellness plans tailored to the individual. With our Wellness Concierge service, you can even have one of our team members coordinate and schedule your sessions for you!		
Contact	anayawell.com	Email: info@anayawell.com	

Sinaí Mendoza | Undocumented Business Owner

Owner, Ladi Nayaase

[MC](#);WB

Business	Ladi Nayaase		
Offerings and Specialty	Business consultant who helps others with their own business, especially those who are undocumented. Holds space to create organic bath and body products to care for your temple.		
Contact	ladinayaase.bigcartel.com	IG: ladi_nayaase FB: Ladi Nayaase	Email: ladinayaase@gmail.com

Bisan Muna

Owner, Rumaneh Nourish

Business	Rumaneh Nourish		
Offerings and Specialty	Natural and organic skincare products		
A note from Bisan	<i>I am a proud Palestinian that is here to honor my heritage in which comes with growing and creating from the giving land. Here I create pure, natural and nourishing products. Every product reflects my intention of encouraging self-care.</i>		
Contact	rumanehnourish.com	IG: rumaneh_nourish FB: Rumaneh Nourish	Email: rumanehnourish@gmail.com

Maricella Nayeri

Owner, MAdre Wellness Collective; Master Reiki Teacher; Licensed Massage Therapist [PR](#); [TG](#); WB

Business	MAdre Wellness Collective		
Offerings and Specialty	I hold space for individuals to journey towards a place of remembrance and healing. I offer 1:1 energy and body work sessions; small group healing and meditation circles and organizational wellness support. I also own MAdre Wellness Collective located in Bay View, created with a vision to break through barriers to wellness especially for communities of color. This includes supporting local BIPOC practitioners, entrepreneurs and leaders to further their work.		
Contact	madrewellness.com	IG: madrewellness	Email: ma@madrewellness.com

Jennifer Rey

Owner, Mi Casita [PR](#); [TG](#); WB

Business	Mi Casita		
Offerings and Specialty	Herbal and culinary products. Herbal medicine guidance.		
Contact	IG: jennifer.rey	Email: jrey88.jr@gmail.com	

Sahira Rocillo

Bilingual Yoga Instructor and Local Latina Witch [PR](#); [TG](#); WB

Offerings and Specialty	Bilingual yoga instructor		
A note from Sahira	<i>I love working with the Latino community and will consider collaborations, donating time, and give offerings by donation/pay what you can for charitable work, community support, improvement and good causes.</i>		
Contact	IG;FB: yogaconsahira	Email: yogaconsahira@gmail.com	

Grizel Sanchez | Latina Business Owner, Milwaukee Business Owner, Bilingual (Eng/Span)

Licensed Esthetician [PR](#); WB

Business	GJS Skincare LLC		
Offerings and Specialty	Full Body Waxing and Sugaring Services; Custom Facial Services		
Contact	gjsskincare.com	IG: esthetics.by.grizel	Email: gjs.skincare@gmail.com

Sonia Vasquez*Herbalist, Wellness Coach and Entrepreneur*[MC](#); [TG](#); WB

Business	Latina Natural	
Offerings and Specialty	Coaching, classes, events, and herbal and natural products	
Contact	latinanatural.org	Email: info@latinanatural@gmail.com